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Dear Parents and Carers,

Motivation: REFRAMED

Thank you to all the parents who attended our event last night with educational psychologist, Dr Martijn Van Der Spoel. We hope you found the evening informative and useful. Dr Van Der Spoel will be working with all students across the summer term and into the next academic year and we will also host further parental engagement events using his expert knowledge and skill set. It was lovely to see so many families together in the Academy. Your feedback is important and over the next two terms we will be holding parent workshops that link to our personal development curriculum. Please complete this short survey to support us plan these engagement events: [click here](#)

This academic year we have been working with WildHearts, an incredible portfolio of companies that, through their activities and profits, create global social change. Their social initiatives are diverse; from addressing social mobility in the UK by equipping young people with key development and employability skills, to addressing gender inequality in the developing world.

Today our Year 10, 12 and 13 students attended a careers talk from the founder of Wildhearts Dr Mick Jackson as part of careers week. We also take part in their Wildhearts Micro-Tyco competition each year. Our Year 12 Geography students have been selected to compete in the regional finals in May. The Micro-Tyco project aims to inspire students to come up with solutions and develop a passion for the United Nations Sustainability goals. Our Year 12 Geography team chose the Sustainable Goal of 'Gender Inequality'. By taking part in Micro-Tyco senior pupils can learn how business can be a force for good and gain experience that enhances their personal statement and CV. Students are also provided with the chance to secure work experience with leading employers.

Wildhearts are also running a series of webinars for parents that we wanted to share with you. The webinars are live and interactive and led by Alicia Drummond, adolescent therapist, parent coach and founder of Teen Tips. At the end of the webinars you'll have the opportunity to ask Alicia any burning questions you might have. More information and sign up can be found here: [click here](#)

Thursday 24th March 7pm - What To Do When It All Goes Wrong (For Parents)

Children and teenagers are a work in progress and there will be times when they make mistakes and get things wrong. This talk explains how to remain calm and turn the situation around so that it becomes an opportunity for learning and growth.

Thursday 21st April 12pm - Setting up for Exam Success (For Parents)

This talk gives you the knowledge and guidance to support your child through revision and exam preparation, with tools to help them manage any pre-exam stress and anxiety, so that they can perform their best on the day.

Thursday 19th May 7pm - Protecting Your Child's Mental Health (For Parents)

This talk looks at the personal, social and environmental factors affecting mental health. It considers which factors we can influence as parents, when we need to seek professional help and what strategies we can give young people to help them protect their own wellbeing.

Kind regards

Louise Cowley
Headteacher

Developing Future Leaders



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